At the Helm

Commodore Dan Robinson

The first day of spring is just a month away and with that comes our first Work Day of the year on April 1st. With the revived Tommy Whitesides Regatta in March and the venerable Easter Regatta following shortly after in April, it is time for spring cleaning around the club.

Spring cleaning means more than just tidying up the grounds and clubhouse. It also means cleaning our own boats and getting them into good sailing condition so that we can use them in the upcoming regattas, or go cruising on a pretty spring day.

Most of us are short on time with jobs, families, and life’s responsibilities. We often forget that we have a responsibility to ourselves to have a little fun. So, we all need to get out on the water and enjoy our sport, whether it’s racing or cruising.

Now is the time to get those boats in shipshape and show some Boat Pride. You will feel better about your boat, it will sail better, and we will make an impression on our visitors and potential members by having a sparkling, well-founded fleet.

It is an unfortunate fact that we occasionally lose potential new members because there are no available slips or land parking spaces for them. As you know, land parking is
tight, and we normally have a waiting list for back cove slips. If you have a boat at the club that is beyond repair, and you have no intention of using it, consider moving it so that others may use that parking space or slip.

Speaking of new members, the annual SAYRA conference that I attended in January focused on how sailing clubs can attract new members and retain current members. The author of *Saving Sailing*, Nicholas Hayes, was the featured speaker, and he offered some interesting ideas on how sailing clubs must adapt to maintain membership. If you haven’t read the book, I highly recommend it. The club received a copy of the book from SAYRA, so let me know if you want to borrow it. I’ll touch on some of the highlights in next month’s Telltale.

See you at the club,
Dan

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These images are original oil paintings by the accomplished illustrator, Gerald S. Foster, who joined CSC in the 1960s. These “working” pieces of art identify the rest room doors in the clubhouse.

Gerald Foster trained at the American Academy on Rome and was associated in the American Artists League. His work has been displayed at many galleries including the Whiney Museum in New York and the Art Institute in Chicago.

Unlike many artists, Gerald Foster understood sailing and knew sailboats. After moving to Orangeburg, he often sailed and crewed on Lake Murray. He died in Orangeburg in 1987 at age 87. He loved CSC and left us some conspicuous hand-painted souvenirs as proof.
The Vice Report

Vice Commodore Jan Jernigan

Friday, February 17th was a night to remember at CSC! Mike Ingham, from Rochester, NY, gave an excellent and inspirational talk about his experiences as the US Sailing Paralympic Coach. Ingham stated that his most rewarding task to date came as the coach for the two-year period leading up to the Rio 2016 Games. With Mike’s coaching and a lot of hard work, American Sonar athletes, Rick Doerr, Brad Kendell and Hugh Freund, (pictured below) won the silver medal at the 2016 Games!

“Compared to winning the Worlds, being in the hunt to medal at the Games was one of the most intense experiences of my life,” Ingham said.

“The Paralympic Games are on a global stage and are unlike any other sailing event I’ve been a part of,” said Ingham.

Mike and his wife, Delia, regaled us with stories and photos from the 2016 Games. They had a large, receptive audience at CSC who asked questions until after 10:00pm. Mike mentioned that when they medaled at the Games, people from all over were affected by it, not just the sailing community. They attained a whole new status! They were asked to drop pucks at NFL hockey games and flip coins at NFL football games.

“Winning at the Games is about your community and your country, and they’re all paying attention. Hoisting the flag after clinching that medal was an awe-inspiring moment for Rick, Brad, and Hugh,” Mike stated.

Mike’s coaching philosophy is about consistency. Even though each sailor had endured life-changing physical challenges, it was as much of a mental game as a physical game, Ingham shared. One of his inspirational stories was about sailor Brad Kendall from Clearwater, Florida. He lost both of his legs above the knee in a plane crash in Clearwater that took the life of his father, Bruce, and a good friend, Dan Griffith Jr. There were doctors who doubted that Brad Kendall would make it through that first
night after the crash. But there he was in Rio with Coach Mike and teammates, Hugh and Rick!

Mike said he truly enjoyed the intense journey to the Paralympics. The team formed a great friendship through this intense training. Mike shared that if you love it, you’ll get stuff done! Mike was recently honored as the 2016 US Sailing National coach of the Year!

Speaking of Great Teams!

Many thanks go to the talented Kim Milling and her very capable sidekick, Billy Ray Davis for helping put together this great event at CSC! The food was delicious! Thanks to Pat Freeman for the lovely flowers and decorations! Here are the other members of our dynamic CSC team: Diane Augsburger, Judy Williams, Scott Leamy, Nan Nussler, Mark Alexander, Davis Freeman, Juli Calhoun and yours truly. And special thanks to Billy Ray Davis for getting Mike and Delia Ingram to come and speak at our club!

New Member!

Since our last publication, Rolf De Swardt was voted into Provisional Membership. Rolf is a very interesting man with a lot of good sailing stories to tell. He and his wife, Ester, live in Blythewood. He is a mechanical engineer with Apex Tool Group. Originally from South Africa, he and Ester made an ocean crossing on a 42’ catamaran. He crews with and is sponsored by Chris Robnett. Please give a warm CSC welcome to Rolf and Ester!

Upcoming Educational Event!

America’s Boating Course and Open House

The Columbia Sailing Club (CSC) is hosting America’s Boating Course and an Open House on March 18th at CSC.

The full day boating course is provided by the Dreher Shoals Sail and Power Squadron and begins with registration at 8:30 am and continues to 4:30 pm. The cost is $20 per person and $15 for students. An optional book is available for $20. Lunch will be provided.

Contact Joe Reyes at joereyes@sc.rr.com or 803-873-2034 for more information about this class and other course offerings.

The Open House will be held from 9:00 to 11:00 am. The Course and Open House are open to anyone interested in boating or sailing. The public is welcome.

Jan
The Rear Commodore’s Report

Rear Commodore David Mosley

2017’s Sailing season is shaping up to be packed with good local regattas and lots of opportunities to sail. With the weather as it has been the last week, we are all getting the fever to get back out there, and lucky for us, the Regattas start soon. With Lightnings, Catamarans, J24/J70, and a large contingent of PHRF poised to race in March, the racing season is almost upon us.

Upcoming Events:

March 25th-26th - Tommy Whiteside Memorial Regatta (Catamarans around the buoys and PHRF boats pursuit race)

April 14th – 16th - The Easter Regatta (J24/J70)

April 29th - 30th - (Lightnings)

With many sailors preferring to camp these days, it’s nice to see the work on the beach house going strong. The meeting area, the hot showers, and the large porch will be an awesome addition to the camping and dinghy sailing areas. The beach house will also be a great place for our kids’ sailing program, the dinghy crowd, and all the weary sailors and swimmers using our beaches.

A call for volunteers:

As always, we run these events through the generosity of support of our members. Your time and expertise are needed at every event that we put on. If you are not racing but enjoy being out there on the water during these events, let me know, we can certainly assign you a spot at one of these events.

I hope to see you on the water soon!

David

David
CSC Auxiliary News

President Kim Milling

I would like to start by giving a “BIG THANK YOU” to all who attended the Mardi Gras and Pajama Party meeting and their generous donations to Sistercare. It was a great evening of fun, food and fellowship, complete with King Cake.

“In like a lion, out like a lamb,” and March is here! Although, with all the activities and events happening at CSC during the month of March, I’m not quite sure it will go “out like a lamb”.

Tuesday March 7th is our regularly scheduled meeting at CSC. If you haven’t attended an auxiliary meeting in a while, make plans to join us. We gather at 6:30 p.m. for a delicious meal and business meeting following at 7:00 p.m. Come see old friends and make a new one and see what wonderful things the Auxiliary does.

On a personal note, I would like to say thank you to those who lent me your spring-form pans. If you attended the CSC Education Dinner with Mike Ingham on February 17, then you got to taste the dark chocolate torte that was baked in the pans.

Don’t forget to add CSCA’s monthly meeting to your calendar. We meet the first Tuesday following the Board of Stewards meeting. Our next meeting is April 11th.

Come and be part of something “Great”.

Kim
Tommy Whiteside’s Memorial Regatta

March 25th - 26th

Tommy Whiteside started sailing in the early 1980’s and became a very active sailor in Columbia when he moved here in the 1990’s. In 1993, Tommy and 15 other sailors started SEACATS (Southeastern Association for Catamaran Sailing), which hosted regattas and donated the proceeds to Midlands Marine Institute. In 1998 Tommy passed away and in 1999 the Tommy Whiteside Memorial Regatta began.

The Regatta is open to both monohulls and multihulls with over $18,000 from regatta proceeds being donated to charities involving children and/or sailing.

This year, all proceeds will go to Camp Kemo, a week-long summer camp for kids with cancer.

Friday Night - March 24th

Beer provided by Swamp Cabbage Brewery

and music provided by “Cuz and The Live Ones.”

Saturday Night - March 25th

Pasta dinner including spaghetti, salad, bread and dessert

and the band, “King Cotton and the Remnants.”

Dinner cost for Saturday night is $7 per person with reservations being sent to

David Mosely at

windzblowin@hotmail.com
## Calendar of Events –

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<td>3/11/17  LMYRA Races 3 &amp; 4 - Buoy Races</td>
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<td>3/18/17  LMYRA Race 5 - Island March Events</td>
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